

# UPCOMING ACTIVITIES FOR MARCH



Activity	Day	Dates	Times	Venue	Booking/Drop In
Baby, Babble and Bounce	Monday	8 - 22 March	10:30am - 11:30am	Zoom	Booking Required
Oral Health Workshop	Monday	29 March	11am - 12pm	Zoom	Booking Required
FunShop Easter/Spring (1-4 years)	Monday	29 March	12pm - 1pm	Zoom	Booking Required
FunShop Easter/Spring (0-1 years)	Monday	29 March	2:30pm - 3:30pm	Zoom	Booking Required
Baby Café (0 - 1yrs)	Tuesday	2 - 30 March	10am - 10:30am	Zoom	Booking Required
Breastfeeding Support	Tuesday	2 - 30 March	11am - 11:30am	Zoom	Booking Required
Elklan Lets Talk Under 5's	Tuesday	2 - 30 March	7pm - 8pm	Zoom	FULLY BOOKED
Antenatal Yoga	Tuesday	9 - 30 March	6:30pm - 7:30pm	Zoom	Booking Required
Postnatal Yoga	Tuesday	9 - 30 March	7:30pm - 8:30pm	Zoom	Booking Required
Multicultural Group	Wednesday	3 - 31 March (except 17 March)	10am - 10:40am & 11am - 11:40am	Zoom	Booking Required
Spring Playtime (0-4 years)	Wednesday	3 - 31 March (except 17 March)	11am - 12pm	Zoom	Booking Required
Baby Massage (0-6 months)	Thursday	4 - 25 March	11am - 12pm	Zoom	Booking Required
We're going on a Bear Hunt Story Time	Thursday	4 March	12pm - 1pm	Zoom	Booking Required
Dad's Online Forum Story & Rhyme	Thursday	25 March	11am - 12pm	Zoom	Booking Required
Mr Rumbles (1-4 years)	Friday	5 - 26 March	11am - 12pm	Zoom	Booking Required
Friday Story Time	Friday	5 - 26 March	4pm	Facebook	Video Published on Facebook
Time for Me Relaxation & Pampering	Friday	12 March	12pm - 1pm	Zoom	Booking Required
Dads & Kids Mothers Day Crafts	Friday	12 March	12pm - 1pm	Zoom	Booking Required
Father's & Kids Fishing	Saturday	27 March	11am - 2pm	Craigavon Lakes	Booking Required

## COVID-19 GUIDELINES

**We are here to keep you safe!**

**In line with Public Health Agency guidelines we have safety measures in place.**

**These include - Health Checks, good personal hygiene, social distancing, additional cleaning to all premises and increased hand washing and sanitising.**

**If you are booked into any programmes / groups and you are showing symptoms or awaiting test results then please do not attend and let a member of staff know if that is possible.**

**Please keep safe and well!**