

# Splash

SureStart  
Brownlow Lurgan

## Winter with Splash SureStart WE'RE STILL HERE!

As you may already have seen, we have been starting the celebrations early this year in Splash SureStart. Nothing like a little bit of Christmas cheer to brighten up an otherwise grim year. Please keep an eye on our Facebook page for all our activities over the coming weeks. Although Christmas may be a little bit 'different' this year, Splash SureStart will be spreading joy and merriment far and wide and we don't want you to miss out! Although Christmas can be a wonderful and magical time, some people find it a difficult time of year too, for many different reasons. Please remember that Splash SureStart is here to help, however we possibly can, for anyone finding the festive season a challenge. The Team at Splash SureStart wish all of our Splash families a very merry, peaceful and happy Christmas and New Year.

### A Christmas Poem

*May your holidays  
be happy days,  
filled with love  
and laughter.  
And may each day  
bring joy your way  
in the year  
that follows after!*

## Supporting Families

Providing services to  
children aged 0-4 years and  
their families



## New Staff

Splash SureStart would like to  
welcome to the staff team:

*Kellie Trainor - Family Support  
Worker*



## Important Dates

All programmes and offices  
are closed from

Friday 25th December 2020  
to Friday 1st January 2021

To learn more about all our programmes visit our website

Splash SureStart; Office 1 First Floor, Legahory Centre; Craigavon BT65 5BE  
Tel: 028 3831 3360. Email: [info@splashsurestart.org](mailto:info@splashsurestart.org). Website [www.splashsurestart.org](http://www.splashsurestart.org)

**early years**  
the organisation for young children

**HSC** Health and Social  
Care Board



Department of  
**Education**



# NORTH POLE Extravaganza



DATES TO FOLLOW ON  
SPLASH SURESTART  
FACEBOOK

PLACES ARE LIMITED PLEASE CALL  
028 3831 3360 TO BOOK YOUR PLACE

PLEASE NOTE THIS IS FOR FAMILIES REGISTERED  
WITH SPLASH SURESTART ONLY

## Sign with Baby

Two taster sessions of Makaton signs  
and top tips for baby's speech and  
language development.

3-9 months



Thursday 26th November  
& Thursday 3rd December



9.30- 10.15am

Legahory Training Room

Booking essential



This service is only for families registered with Splash  
SureStart.

## Pregnancy Yoga with Aine McAvoy

Come along and join Aine McAvoy for  
Pregnancy Yoga on Tuesday 24th November, 1st  
& 8th December from 6:30pm - 7:30pm

This programme will run from Office 6 or you  
can join in via Zoom from the comfort of your  
own home.

Places are limited please call Emir on 028 3831  
3360 to book your place

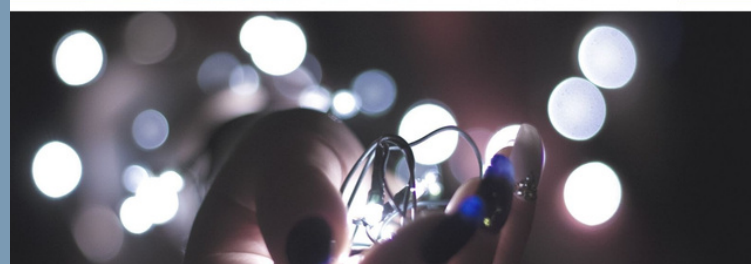


• 14TH & 15TH DECEMBER 2020 •  
• LEGAHORY PLAYROOM •

## CHILL OUT

ONE TO ONE SESSIONS  
IN A CALM AND RELAXING ENVIRONMENT.  
EXPLORE AND WIND DOWN WITH SOME  
CHRISTMAS SENSORY PLAY EXPERIENCES

PLACES ARE LIMITED PLEASE CALL  
028 3831 3360 TO BOOK YOUR PLACE  
FOR FAMILIES REGISTERED WITH SPLASH SURESTART



# Useful Numbers

If you have any concerns about a family or a child you can contact your local social services gateway team.

Central Gateway - 028 3756 7100

Craigavon Gateway - 082 3756 0707

Opening Hours - Monday - Friday 9am - 5pm

## Food Banks

The Hope Centre, Lurgan - 0845 2000136

The Beacon Centre, Portadown - 0845 2000136

## Opening Hours

The Hope Centre, Lurgan - Monday 6pm - 8pm & Wednesday  
12pm - 2pm

The Beacon Centre, Portadown - Tuesday 1pm - 3pm &  
Thursday 6pm - 8pm

## Benefits Advice

08000283008

Opening Hours - Monday - Friday 8am - 5pm

## Counselling Services

Links - 0333 0503223

## Pips

0808 808 8000

Lurgan Office - 028 3831 0151

## Parenting NI

0808 8010 722

Opening Hours - Monday - Thursday 9:30am - 3:30pm & Friday  
9:30am - 12:30pm

## Barnardos

028 9067 2366

Opening Hours - Monday 9:30am - 12:30pm, Tuesday 9:30am -  
12:30pm & Friday 10am - 12:30pm

## Samaritans

116 123

Opening Hours - 24/7 365 days a year

## Women's Aid

0808 802 1414 - 24hours a day

028 3839 7974 - Line can be busy if no answer please leave a  
message and you will be called back by a private number

# UPCOMING ACTIVITIES FOR NOVEMBER & DECEMBER

Activity	Day	Dates	Times	Venue	Booking/Drop In
OT Workshop Promoting Motor Development (1 - 2 yrs)	Monday	7 Dec	2pm - 3pm	Zoom	Booking Required
Chill Out 30min Slots (Sensory Play)	Monday	14 Dec	10am - 12pm	Legahory Playroom	Booking Required
Multicultural Group	Tuesday	1 - 15 Dec	10am - 11am or 11:30am - 12:30pm	Zoom	Booking Required
Baby Café (0 - 1yrs)	Tuesday	24 Nov - 22 Dec	10am - 10:30am	Zoom	Booking Required
Breastfeeding Support	Tuesday	24 Nov - 22 Dec	11am - 11:30am	Zoom	Booking Required
Baby Massage Intro (0 - 7months)	Tuesday	24 Nov & 1 Dec	12pm - 12:30pm	Zoom	Booking Required
North Pole Christmas Extravaganza	Tuesday	1 & 8 Dec	10am - 12pm or 2pm - 4pm	Zoom	Booking Required
Pregnancy Yoga	Tuesday	24 Nov, 1 Dec & 8 Dec	6:30pm - 7:30pm	Zoom	Booking Required
Time for Me	Tuesday	1 Dec	6:00pm - 7:00pm	Zoom	Booking Required
Chill Out 30min Slots (Sensory Play)	Tuesday	15 Dec	10am - 12pm or 2pm - 4pm	Legahory Playroom	Booking Required
North Pole Christmas Extravaganza	Wednesday	2 Dec	10am - 12pm or 2pm - 4pm	Zoom	Booking Required
North Pole Christmas Extravaganza	Wednesday	9 Dec	10am - 12pm or 2pm - 4pm	Zoom	Booking Required
SLT Workshop (2 - 3yrs)	Wednesday	2 Dec	2pm - 3pm	Zoom	Booking Required
SLT Workshop (2 - 3yrs)	Wednesday	2 Dec	6pm - 7pm	Zoom	Booking Required
Christmas Themed Create with Polly (2 - 4yrs)	Thursday	26 Nov, 3 Dec, 10 Dec & 11 Dec (Friday)	11:30am - 12:30pm	Zoom	Booking Required
Sign with baby (3 - 9months)	Thursday	26 Nov & 3 Dec	9:30am - 10:15am	Zoom	Booking Required
North Pole Christmas Extravaganza	Friday	4 & 11 Dec	10am - 1pm	Zoom	Booking Required

## COVID-19 GUIDELINES

**We are here to keep you safe!**

**In line with Public Health Agency guidelines we have safety measures in place.**

**These include - Health Checks, good personal hygiene, social distancing, additional cleaning to all premises and increased hand washing and sanitising.**

**If you are booked into any programmes / groups and you are showing symptoms or awaiting test results then please do not attend and let a member of staff know if that is possible.**

**Please keep safe and well!**