



FOOTBALL FOR FATHERS FOR 2019.

IF YOU ARE INTERESTED IN PLAYING 5 A SIDE ON AN EVENING AND TAKING PART IN A LOCAL SURE START TOURNAMENT THEN CALL/TEXT KEITH 028 38 313360/07526006147.

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DATE/TIME	VENUE	ACTIVITIES PLANNED
Friday 11th January 2019. 10am-12pm.	Zion's Den (rear of Mount Zion House) Lurgan. 	"Fathers' & Kids' Friday." Make sure the kids have their old clothes on for a morning of sand and water play. We will also be creating finger and hand paintings.
Saturday 19th January 2019. 1pm-2pm. 	Brownlow Leisure Centre. BOOKING IS ESSENTIAL	"Fathers' & Families' Swim." We will have sole use of the warm learners' pool. This is a great opportunity to introduce your baby to the water. Older children up to 11 years are able to go as well (Mums can attend with the Dads or Grandads).
Friday 25th January 2019. 10am-12pm.	Zion's Den (rear of Mount Zion House) Lurgan. 	"Fathers' & Kids' Friday." Music and Rhymes workshop this morning and we will be making shakers and rattles to help us with the songs and rhymes. We will also be able to stretch our legs in the soft play and ball pool area.
Friday 8th February 2019. 10am-12pm. 	Zion's Den (rear of Mount Zion House) Lurgan.	"Fathers' & Kids' Friday." The Dads and Grandads will be making some Valentine's Day cards and gifts for the Mums/Grannies. The kids can also make cards, or if they are too young just enjoy the freedom of the excellent soft play and ball pool area, suitable for babies and toddlers.
Saturday 9th February 2019. 10.30am-12pm.	Church of Nazarene, Mourne Road Lurgan. 	"Valentine's Day Card & Gift Making." A chance for the Dads/Grandads and children to prepare some cards and gifts for the Mums/Grannies for St Valentine's Day on Thursday 14th February. There will be lots of play activities for the children to enjoy. *****BOOKING IS ESSENTIAL*****
Friday 22nd February 2019. 10am-12pm.	Zion's Den (rear of Mount Zion House) Lurgan.	"Fathers' & Kids' Friday." Come along for our "Bake Off" as we make some buns this morning. 



These activities are for fathers, grandads, uncles or other main men in the life of a Splash Sure Start child. Contact Keith on 028 38 313 360, 07526006147 or via Facebook for information or to book.





In addition to play activities, we also offer a home or site visiting service by Keith our Fathers' Worker or any other member of our Family Support , Health or Play Teams. This is for men who would benefit from having someone to listen to them or offer advice in relation to different aspects of parenting, health, training or general support.

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DATE/TIME	VENUE	ACTIVITIES PLANNED
Saturday 2nd March 2019. 11am-1pm	Brownlow Community Hub 	"Pregnancy and Baby Fair." This event is for parents to be and new parents. Includes Parent and Baby Fashion Show, Car Seat Safety and Demos, Nursery furniture and Pram showcase, Pamper sessions for Mums and so much more. Free goody bags and light refreshments provided.
Friday 8th March 2019. 10am-12pm.	Zion's Den (rear of Mount Zion House) Lurgan.	"Fathers' & Kids' Friday." As today is International Womens' Day we will be making some gifts for our sisters, mums and grannies.
Friday 15th March 2019. 11am-12pm.	Magee Dental Care, William Street, Lurgan.	"Dads' & Kids' Dentist Visit." Get your baby or child used to going to the Dentist at a young age by joining us on our visit to see Sir Brushalot at Magees' Dental Care.
Saturday 16th March 2019. 10.30am-12pm.	St Anthony's Hall, Legahory, Brownlow. 	"St Patrick's Family Event." Get ready for St Patrick's Day tomorrow with some arts and crafts and games and activities at our Family Event.
Friday 22nd March 2019. 10am-12pm.	Zion's Den (rear of Mount Zion House) Lurgan	"Father's & Kids' Friday." We will be having parachute games in the soft play and ball pool area and singing some rhymes and songs.
Saturday 30th March 2019. 10.30am-12pm. 	Church of the Nazarene, Mourne Road, Lurgan.	"Mother's Day Card & Gift Making." Our dads/grandads and children will be making a wonderful surprise for their mums as tomorrow is Mother's Day (Sunday 31st March). We will also have lots of play activities for the kids. Mums will enjoy a pamper and arts & crafts session in the lower hall. YOU MUST BOOK INTO BOTH THE DADS' AND MUMS' ACTIVITIES SEPARATELY.

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