

# Autumn With Splash SureStart

October 2018

## Hello From Family Support!

Splash SureStart's Family Support Team



We hope you had a lovely summer and are all enjoying being back into routine. Splash SureStart Family Support Team consists of 5 members of staff, including Team Leader Roisin Rogers and Family Support Workers, Agnieszka Judkiewicz-Kozak, Ann Ogilby, Keith Cullen and Roisin Neill.

The team offer parents and children a variety of Home Based and Group activities including:

- Pregnancy Workshops and Programmes
- Parenting Programmes
- Parent and Baby Programmes
- Health Information Sessions
- Bi-lingual Support and Groups
- Educational Training and Support
- Home Visiting
- Men's Events and Support



If you feel we can support you, either through one of our programmes or home visiting, please contact us at the office.

Please see our website or Facebook page for more information, or phone 028 3831 3360.

**For more information on our programmes visit our website.**

Splash Sure Start, Office 1 First Floor, Legahory Centre, Craigavon BT65 5BE.  
Tel: 028 3831 3360. Email: [info@splashsurestart.org](mailto:info@splashsurestart.org). Website [www.splashsurestart.org](http://www.splashsurestart.org)



# Supporting Families

Providing services to children aged 0-4 years and their families



## Home Safety Workshop

Splash SureStart are holding a Home Safety Workshop in the Legahory Playroom.

Some small home safety items will be available free of charge.

This is an opportunity for you to learn more about home safety and become more confident in providing a safe environment for you and your family. Other professionals will be there to advise and support.

Monday 22 October  
2.00pm -3.30pm  
Legahory Playroom



### IMPORTANT DATES

All programmes closed

24 December 2018  
to 2 January 2019

## Fun Shops

### Autumn Senses

*Hear, see, smell, taste, touch, my five senses teach me so much.* Embrace the crisp Autumn season with a morning exploring a range of Autumn themed activities.

**Friday 5 October, 10:30am-11:30am,  
St Peter's Parish Hall, Lurgan**

*Booking required. For more information on these and other fun shops and activities check our website.*



### Fun For Under 1's

Introducing 'Messy Play' to under 1's. Learn how to make your own edible paint from ingredients you have at home. Explore and have fun with your little one!

**Wednesday 14 November  
2:30pm-3:30pm,  
The Links, Lurgan  
Booking Required**



Splash SureStart presents its very own

## Winter Wonderland...

## A Truly Magical Experience

Experience the Christmas lights, baubles, fluffy snow and sparkly icicles. Make a Christmas wish to hang on the tree. Sit by the fire and listen to traditional Christmas Stories.



**Step into an unforgettable world of imagination, creativity and sensory play.**

Please **book** either

Tuesday 4 December: 2:30-3:30pm (Legahory Playroom)

**Or**

Wednesday 5 December: 10:30-11:30am (Legahory Playroom)

**10 Spaces only available for each session**

During this week, a limited number of individual family sessions are available for children with sensory needs.

Please contact us for more information.

## Sociable Babies



Sociable babies is an 8-week programme for parents/carers of babies aged between 6 weeks and 3 months. Each week we will look at different themes providing helpful examples of activities that you and your baby can enjoy. Example themes include using songs and rhymes to promote speech and language, baby massage to help your baby become more settled and an introduction to baby yoga.

**Thursday 11 October – 6 December. Booking essential.  
10.00am-12.00pm The Links, Lurgan**

# Upcoming Activities October to December 2018

Activity	Day	Dates	Times	Venue	Booking/Drop In
Home Safety Workshop	Monday	22 October	2.00pm-3.30pm	Playroom Legahory	Booking Required
Baby & Child First Aid	Monday	15 Oct – 5 Nov	6.00pm-9.00pm	Chrysalis Women's Centre, Craigavon	Booking Required
Speech and Language Advice Clinic	Monday	29 Oct, 26 Nov, 17 Dec	9.30am – 12.45pm or 1.30pm – 4.00pm	Splash Training Room	Booking Required
Food Hygiene	Monday	12 Nov- 19 Nov	7.00pm-9.00pm	Chrysalis Women's Centre, Craigavon	Booking Required
Breastfeeding Support	Tuesday	2 Oct—18 Dec	10.00am-10.30am	Splash Training Room	Drop In
Baby Café	Tuesday	2 Oct—18 Dec	10.30am-12.00pm	Splash Training Room	Drop In
Advice Clinic	Tuesday	12 Nov	9.30am-12.00pm	Drumellan Family Centre	Booking Required
Tooth Fairy	Tuesday	6 Nov	11.00am – 12.00pm	Brownlow Library	Booking Required
Night Night! Fun Shop	Tuesday	06 Nov	6.00pm-7.00pm	Church of the Nazarene Lurgan	Booking Required
'Me Time' Before Baby	Tuesday	6 Nov – 27 Nov	6.30pm–7.00pm	Church of the Nazarene Lurgan	Booking Required
Don't Forget to Play for Parents	Tuesday	20 Nov	7.30pm-8.30pm	Brownlow Community Hub	Booking Required
Weaning Workshop	Tuesday	20 Nov	2.00pm-3.00pm	Room 10 Lurgan HSS Centre	Booking Required
Stories & Rhymes at the Library Fun Shop	Tuesday	27 Nov	10.00am-11.00am	Lurgan Library	Booking Required
Winter Wonderland Fun Shop	Tuesday	4 Dec	2.30pm-3.30pm	Playroom Legahory	Booking Required
Winter Wonderland Fun Shop	Wednesday	5 Dec	10.30am-11.30am	Playroom Legahory	Booking Required
Breastfeeding Support	Wednesday	3 Oct—5 Dec	10.00am-10.30am	The Links, Lurgan	Drop In
Baby Café	Wednesday	3 Oct— 5 Dec	10.30am-12.00pm	The Links, Lurgan	Drop In
Playtime	Wednesday	3 Oct—24 Oct	10.00am-11.00am or 11.30am-12.30pm	Playroom Legahory	Booking Required
Jazz up your Jars	Wednesday	10 Oct	6.30pm-8.00pm	Church of the Nazarene Lurgan	Booking Required
Multicultural Group	Wednesday	10 Oct – 5 Dec	10.30am-12.00pm	The Links, Lurgan	Drop In
Halloween Party	Wednesday	31 Oct	11.00am-12.30pm	St Anthony's Hall	Booking Required
Fun for under 1's Fun Shop	Wednesday	14 Nov	2.30pm-3.30pm	Dance Studio, The Links, Lurgan	Booking Required
Music Makers Fun Shop	Wednesday	21 Nov	2.30pm-3.30pm	Mourneview Community Centre	Booking Required
Boogie Beat Fun Shop	Wednesday	18 Dec	10.30am-11.30am	Dance Studio, The Links, Lurgan	Booking Required
Splash SureStart Christmas Party	Wednesday	12 Dec	10.30am-12.00pm or 2.00pm-3.30pm	St Anthony's Hall	Booking Required
Antenatal Workshop	Wednesday	5 Dec	10.30am-12.00pm	Splash Training Room	Booking Required
Mr. Rumbles	Thursday	4 Oct - 25 Oct	10.30am-11.30am	St Peter's Parish Hall, Lurgan	Booking Required
Playtime	Thursday	8 Nov - 29 Nov	10.00am-11.00am or 11.30am-12.30pm	Mount Zion	Booking Required
Sociable Babies	Thursday	11 Oct – 6 Dec	10.00am-12.00pm	The Links, Lurgan	Booking Required
Autumn Senses Fun Shop	Friday	5 Oct	10.30am-11.30am	St Peter's Parish Hall, Lurgan	Booking Required
Baby Massage	Friday	5 Oct—26 Oct	11.00am-12.00pm	Taghnevan Community Centre	Booking Required
Baby Massage	Friday	9 Nov – 30 Nov	11.00am-12.00pm	Playroom Legahory	Booking Required
Antenatal Workshop	Saturday	13 Oct	11.00am-1.00pm	Splash Training Room	Booking Required
The Autumn Fall Splash Out Saturday	Saturday	20 Oct	10.30am-12.00pm	Lurgan Park	Booking Required
Postnatal Yoga	Saturday	3 Nov – 8 Dec	11.30am-12.30pm	Splash Training Room	Booking Required

**For more information on all our programmes visit our website: [www.splashsurestart.org](http://www.splashsurestart.org)**

# Upcoming Activities October to December 2018

## *Splash SureStart Halloween Party*

Day: Wednesday 31 October

Age Range: 0-11 years

Venue: St Anthony's Hall, Legahory

Time: 11.00am to 12.30pm



- ♦ Halloween Party Food
- ♦ Halloween Games
- ♦ Halloween Arts & Crafts
- ♦ Pumpkin Carving & other activities for the family

***Optional Fancy Dress***

## *Splash SureStart Christmas Party*

Day: Wednesday 12 December 2018

Venue: St. Anthony's Hall

Time: Morning session - 10.30am to 12.00pm

Afternoon session - 2.00pm to 3.30pm

Please choose one of these sessions.

ARTS & CRAFTS

FACE PAINTING

**BOOKING IS ESSENTIAL.  
PLEASE CALL THE OFFICE  
ON: 028 3831 3360 OR  
MESSAGE US ON FACEBOOK.**

SANTA WILL BE ARRIVING AND EVERY CHILD WILL RECEIVE A PRESENT.



SANTA'S GROTTO AND MRS CLAUS KITCHEN

PHOTO BOOTH

*All activities are for children registered with Splash SureStart aged 0-4 years. However, older siblings up to age 11 are welcome to attend our Halloween Party only.*

*If you have recently changed any of your details e.g. address or phone number, or had another child please remember to update your details with us.*