

# Splash into Summer with SureStart!

July 2018

## Welcome Back Karen!

### Speech & Language Therapist

As you may all know our Speech and Language Therapist Karen was off on maternity leave. We would like to take this opportunity to welcome Karen back into the SureStart family! Now that Karen has returned to work we know she is so keen to get started with her work with families again! We will now have our Speech and Language Drop in service resuming as well as the ever-popular Rhyme Time!



Come along for a lively morning of songs, stories and rhymes. Give your child a flying start and help them discover the joy of words and books early in life!

Wednesdays from 22 August to 26 September, 10.30am-11.15am, Splash Training Room. Everyone welcome, no booking required!

### Speech & Language Therapy Advice Clinic

If you have concerns or need reassurance about your child's communication for example:

- their ability to interact or have interest in you or others,
- their ability to pay attention,
- how well they can understand and carry out instructions,
- the amount of words they have,
- how clearly they can say words

Please contact Karen to arrange an appointment in her advice clinic. This quarter they will run on Monday 30 July, Monday 3 September and Monday 24 September between 9.30am-12.15pm and 1.45pm-3.15pm.

**To learn more about all our programmes visit our website.**

Splash Sure Start; Office 1 First Floor, Legahory Centre; Craigavon BT65 5EE. Tel: 028 3831 3360. Email: [info@splashsurestart.org](mailto:info@splashsurestart.org). Website [www.splashsurestart.org](http://www.splashsurestart.org)



# Supporting Families

Providing services to children aged 0-4 years and their families



## Breastfeeding Celebration!

Breastfeeding Awareness Week

Wee Wonders will be coming to provide entertainment for the babies and there will be activities for those under 4 years old. Antenatal parents are also welcome to come along.

Thursday 2 August  
11.00am - 12.30pm  
The Links, Lurgan



### IMPORTANT DATES

All programmes closed 10 July -13 July and 27 August

Baby Café will move to Summer Programme on 24 & 25 July and 14 & 15 August

# A New Look for our Playroom!

Our Playroom in Legahory has had a bit of a redesign thanks to our very talented team! Our inspiration for the playroom came from the Reggio Emilia Approach, which enables children to explore freely in a natural environment. The open-ended materials will help build your child's imagination, self-confidence and enhance their play.



## Create With Polly

*Every child is an artist .... Imagination is the beginning of creation.*



Discover new ways to create, explore and experiment with Miss Polly. Learn new art techniques, experiment with a range of resources and create a masterpiece together. **\*Please wear old clothing\***

Wednesday 5 September – 26 September  
2:30pm – 3:30pm, Legahory Playroom  
Booking Required.

## National Play Day!

Celebrate the time we devote to playing with our little ones! Explore a variety of simple play ideas that your family can continue at home.

Wednesday 1 August, 2:30pm – 3:30pm

The Church of Nazarene.

Booking required.



## Healthy Family

# FUN



Pop in for an afternoon of family fun and health checks. Who said being healthy can't be fun? Visit our stalls and see for yourself! We will be running some children's activities on the day so please book in early for these as there are limited spaces. More details will be available on our website.

**Thursday 2 August 2.30pm-4.00pm, Legahory Centre**



# Upcoming Activities July-September 2018

Activity	Day	Dates	Times	Venue	Booking/Drop In
Speech & Language Therapy Advice Clinic	Monday	30 July, 3 Sept & 24 Sept	9.30am-12.15pm & 1.45pm-3.15pm.	Splash Training Room	Booking Required
Toddlercise	Monday	3 September	11.30am-12.30pm	Mount Zion	Booking Required
Breastfeeding Support	Tuesday	3 July—25 Sept	10.00am-10.30am	Splash Training Room	Drop In
Baby Café	Tuesday	3 July—25 Sept	10.30am-12.00pm	Splash Training Room	Drop In
The Parenting Puzzle	Tuesday	7 – 28 Aug	6.30pm-8.30pm	Brownlow Community Hub	Booking Required
Night Night!	Tuesday	18 Sept	6.00pm-7.00pm	The Church of the Nazarene	Booking Required
Don't Forget to Play for Parents	Tuesday	25 Sept	7.00pm-8.30pm	The Church of the Nazarene	Booking Required
Breastfeeding Support	Wednesday	4 July—26 Sept	10.00am-10.30am	The Links	Drop In
Baby Café	Wednesday	4 July—26 Sept	10.30am-12.00pm	The Links	Drop In
Midwifery Clinic	Wednesday	Starts 4 July (on every 2 weeks)	10.00am-11.30am	The Links	Drop In
Awaken Your Senses	Wednesday	4 July	2.30pm-3.30pm	Legahory Playroom	Booking Required
Rugby Tots	Wednesday	22 Aug	10.30am-11.30am	Lurgan Park	Booking Required
Advice Service	Wednesday	1 Aug & 5 Sept	9.30am-12.00pm	The Links	Booking Required
National Play Day	Wednesday	1 Aug	2.30pm-3.30pm	The Church of the Nazarene	Booking Required
Rhyme Time	Wednesday	22 Aug – 26 Sept	10.30am-11.15am	Splash Training Room	Drop In
Multicultural Group	Wednesday	29 Aug – 12 Sept	10.30am-12.00pm	The Links	Drop In
Create With Polly	Wednesday	5 - 26 Sept	2.30pm—3.30pm	Legahory Playroom	Booking Required
Antenatal Workshop	Wednesday	19 Sept	6.30-8.00pm	The Links	Booking Required
Breastfeeding Celebration	Thursday	2 Aug	11.00am-12.30pm	The Links	Drop In
Healthy Family Fun	Thursday	2 Aug	1.30pm-3.30pm	Legahory Centre	Drop In
Baby Massage	Thursday	13 Sept – 4 Oct	10.30am-11.30am	The Links	Booking Required
Incredible Toddlers	Thursday	6 Sept – 6 Dec	9.45am-11.45am	Splash Training Room	Booking Required
Visit to the Farm	Thursday	27 Sept	11.00am-12.00pm	Tannaghmore Gardens	Booking Required
Show Me Your Smile!	Friday	28 Sept	11.00am-12.00pm	Brownlow Family Dental Care	Booking Required
Advice Service	Friday	17 Aug	9.30am-12.00pm	Splash Training Room	Booking Required
Fun for Under 1's	Friday	14 Sept	10.30am-11.30am	The Church of the Nazarene	Booking Required
Splish, Splash and Swim	Saturday	21 July	11.00am-12.00pm	Brownlow Leisure Centre	Booking Required
Baby & Child First Aid	Saturday	4 Aug – 25 Aug	10.00am-1.00pm	Splash Training Room	Booking Required
Antenatal Yoga	Saturday	18 Aug – 22 Sept	11.00am-12.00pm	Splash Training Room	Booking Required
Postnatal Yoga	Saturday	18 Aug – 22 Sept	12.30pm-1.30pm	Splash Training Room	Booking Required
Splash Out at the Library	Saturday	29 Sept	10.30am-11.30am	Lurgan Library	Booking Required
Multicultural Group	Saturday	22 Sept	1.00pm-2.00pm	Brownlow Leisure Centre	Booking Required

**To learn more about all our programmes visit our website: [www.splashsurestart.org](http://www.splashsurestart.org)**

# Summer Programme

## Week 1

Activity	Day	Date	Time	Venue	Details
<b>Splash Into Summer!</b>	Monday	23 July	2.00pm-3.30pm	St Anthony's Hall	Welcome to Splash Summer Scheme, beach balls, water, sand and ice-cream. Dress up in your summer gear. Come along and we'll see you here.
<b>Peppa Pig's Picnic</b>	Tuesday	24 July	11.00am-12.30pm	Tannaghmore Gardens	Peppa Pig invites you to meet her furry friends at the farm. Let's... Jump in muddy puddles, play hide and seek in the maze and share a picnic in the park. *Please dress appropriately for weather*
<b>Mix &amp; Mess</b>	Wednesday	25 July	11.00am-12.30pm	St Anthony's Hall	Paint, Water, Sand and Dough. All different to touch. I love to mix and mess, it teaches me so much!

## Week 2

Activity	Day	Date	Time	Venue	Details
<b>Reduce, Reuse and Recycle</b>	Monday	13 Aug	2.00pm-3.30pm	The Church of the Nazarene	Socks, blankets, pans and pots. Lots of fun for all us tots. Junk art can be so much fun. There's lots to do for everyone.
<b>Mini Grand Prix</b>	Tuesday	14 Aug	11.00am-12.30pm	Lurgan Park	Come and join us for our <b>Grand Prix</b> . Where you can have a racing spree. <b>Relays, balloons and a bean bag game. Lots of medals</b> for you to claim. *Please bring your own wheeled vehicle to this event*.
<b>Big Cook, Little Cook</b>	Wednesday	15 Aug	11.00am-12.30pm	The Church of the Nazarene	Fun and easy recipes to make, food to try and ideas to take. Arts and crafts using food, come along it will be good!

## Day Trips (Owing to limited places on the bus please choose one day trip only)

### Trip to Newcastle

Come and join us for our sea side adventure to Newcastle. We will be building sand castles, collecting rocks and shells, splashing in the water and lots more. Bring a packed lunch and note there are lots of cafes and shops along the strip. Make sure you are prepared for all types of weather.

Thursday 26 July. Buses will leave @ 9:30am sharp and will return to Lurgan at 3:30pm

### Trip to Kilbroney Park

Come with us and explore the Narnia Trail, play park and enjoy the views of Carlingford Lough. Bring a packed lunch and note there is a café & gift shop. Make sure you are prepared for all types of weather.

Thursday 16 August Buses will leave @ 9:30am sharp and will return to Lurgan at 3:30pm

---

**Top Tips for Summer Programme....** Booking is essential for all activities. Parents and carers are responsible for supervising their children at all times whilst attending the summer programme. We would ask parents and carers to bring a change of clothes to each session. Snack will be provided each day **except** for the day trips.

**Activities are for children registered with Splash SureStart aged 0-4 years. However, older siblings up to age 11 are welcome to attend summer activities also.**

---